	Kindergarten -Grade 2	Grades 3-4	Grade 5	
Physical Health Strand				
Growth and Development	Name the parts of the body and body systems			
	identify behaviors and environmental factors influence functioning of body systems  Identify appropriate accommodations and aids for people with physical disabilities			
	dentity appropriate accommodations and aids for	people with physical disabilities		
Physical Activity and Fitness				
			Identify the major behaviors that	
			contribute to wellness including refraining	
			from substance use	
Nutrition	Identify key nutrients that support healthy body systems			
	Use USDA Food Guide and MyPlate			
			Idoutify the common outs from the serious and	
Reproduction/Sexuality			Identify the components, functions and process of the reproductive system	
neproduction, sexuality			Identify the physical changes as related to	
			the reproductive system during puberty	
			Define sexual orientation using the correct	
			terminology (such as heterosexual, gay and	
			lesbian) Recognize that diet, exercise, rest and	
			avoidance of risk behaviors such as	
			smoking and drinking and other substances	
			contribute to the health of a mother and	
			fetus	
Social and Emotional Health Strand				
Mental Health	Identify the various feelings that most people exp			
	Apply methods to accommodate a variety of feelings in a constructive manner in order to promote well being Explain and practice a model for decision-making that including gathering information, predicting outcomes, listing advantages and			
		coping skills positively influence self-co		
Family Life				
Interpersonal Relationship				
of the state of				
Safety and Prevention Strand Disease Prevention and Control				
Disease Prevention and Control				
		-		
Safety and Injury Prevention	Diationship	mong cofe, uncofe and income with	L L L L L L L L L L L L L L L L L L L	
Salety and injury rievention		mong safe, unsafe and inappropriate behavior, refusal skills and actions in		

Tobacco, Alcohol and Substance Abuse Prevention Identify and distinguish between substances that are safe and unsafe to be taken by mouth

	Describe the purpose of medicines and how they can be used or misused in the treatment of common medical problems			
	Describe how tobacco and prolonged exposure to cigarette smoke affects the body			
	Identify whom to seek help from for a possible poisoning or overdose			
Violence Prevention				

## Personal and Community Health Information Strand

Consumer Health and Resource Management Ecological Health Community and Public Health

Computing and Society			
	Identify safe and unsafe examples of online	Identify appropriate and inappropriate uses of technology when posting to	
Safety and Security	communications	social media, sending e-mail abd browsing the Internet	
	Identify the importance of keeping personal	Describe the potential risks/dangers and employ safe practices associated with	
	information (name, location, phone number,	forms of online communications, downloads, linking, Internet purchases, advertisements and inappropriate content within constrained environments	
	address, school, etc.) private		
	Identify which personal information (e.g. user		
	name or real name, school name or home		
	address) can and cannot be shared online and	Identify different types of cyberbullying (e.g.harassments, flaming, excluding	
	with whom	people, outing, and impersonation).	
	Identify why it is necessary to report	Explain that if you encounter cyberbullying you should immediately tell a	
	inappropriate electronic content or contact	responsible adult (e.g. teacher or parent)	
	Define good digital citizenship as using	Demonstrate responsible use of computers peripheral devices and resources as	
Ethics and Laws	technology safely, responsibly and ethically	outlined in school rules (AUP 3-5)	
	Demonstrate reasonable use of computer,		
	peripheral devices and resources as outlined in	Describe the difference between digital artifacts that are open or free and those	
	the school rules (AUP K-2)	that are protected by copyright	
	Explain who owns a digital artifact		
	Explain the importance of giving credit to media		
	creators/owners when using their work		
	Identify and describe how people use many types		
	of technologies in their daily work and personal	Identify the impact of social media and cyberbullying on individuals, families	
Interpersonal and Societal Impact	lives	and society	
	Explain the purpose of advertisements is to sell		
	things to people while content provides		
	information to people		