

Grade 6
Puberty Lessons

Good Hygiene

8.9 Discuss how cleanliness and good grooming show consideration for self and others, and ways to promote cleanliness

Physical Changes

4.1 Identify the components, functions, and processes of the reproductive system

4.2: Identify the physical changes as related to the reproductive system during puberty

Emotional Changes

5.7 Identify and describe the experience of different feelings (such as elation, joy, grief, and rage) and how feelings affect daily functioning